

Help Save Monarch Butterflies!

Plant Pesticide-Free Milkweeds and Nectar Flowers

Best Northeastern Milkweeds for Monarchs:

- Asclepias syriaca (common)
- Asclepias incarnata (swamp)
- Asclepias tuberosa (butterfly weed)
- Asclepias purpurascens (purple)

Best Northeastern Nectar Flowers for Monarchs:

- Common Yarrow (Achillea millefolium)
- Coreopsis (tripteris, rosea, verticillate)
- Anise Hyssop (Agastache foeniculum)
- Rocky Mountain Bee Plant (cleome serrulata)
- Blue and Scarlet Sage (salvia splendens)
- Joe Pye Weed (euthyone maculatum)
- Wild Bergamot and Beebalm (monarda fistulosa)
- Blazing Star (liatris gayfeather scariosa)
- Mexican Sunflower (tithonia rotundifolia)
- Sunflowers (Helianthus divaricatus)
- Dahlia (dahlinova)
- Cosmos (bipinnatus)
- Zinnia (angustifolia)
- Marigold (tagetes erecta)
- Aster (symphyotrichum novae-angliae, novi-belgii)
- Goldenrod (solidago seaside, showy speciosa)
- Sneezeweed (Helenium autumnale)



Contact Ellen Federico: eventgroup@earthlink.net
Neonicotinoid Free Seeds & Plants: joyfulbutterfly.com